# "JUST" PEOPLE, INC. NOVEMBER 2019 NEWSLETTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Turn yo	n' t Forget t ur RSVP she 770-480-75	et in! Call t		0-441-1188	1 Day Group Fun 10-4pm Movie 7-9pm	2 Talent Show & Burgers 4-7 pm
Happy Bday Tim T & Josh C	Day Group Fun 10-4pm Happy Bday Theresa E, Felicia H, Paige P & Ray H	Bowling & Lunch 11-3 pm Happy Bday Michael Sh	6 Day Group Fun 10-4pm	Native American Festival 11-3 pm Sports 6:30-8:30 Happy Bday David B	8 Day Group Fun 10-4pm Movie 7-9pm Happy Bday Kurt F, Jennifer L, Dasha, Caitlin	9 Bingo & Pasta Bar 5-8 pm Happy Bday Carlos C, Devon H & Ms. Pat
10 Great Day to Clean Out Your Closets!	11 Day Group Fun 10-4pm Happy Bday Cindy M	12 Dahlonega Gold Mining 11-3 pm MH Group 8-10 pm Happy Bday Ed S	Day Group Fun 10-4pm	14 Staff Pot Luck & Games 11-3 pm Sports 6:30-8:30 Happy Bday Lisa K	15 Day Group Fun 10-4pm Movie 7-9pm	Last Parking Lot Sale of 2019 8-3 pm Happy Bday Adrian H
17 Clean out your pantry— canned food can be donated at the Clubhouse/ SILO/ Day Program	Day Group Fun 10-4pm Happy Bday Mindy F	Dave & Busters 11-3 pm	20 Day Group Fun 10-4pm Thanksgiving ILP 6-9pm	Cowboys 11-3pm Sports 6:30-8:30 Happy Bday Shanara	22 Day Group Fun 10-4pm Movie 7-9pm	23 Movie 1-4 pm Happy Bday Jessica C
24 Happy Bday Nick Sa	25 Day Group Fun 10-4pm	26 Mercedez Benz Stadium Tour 11-3 pm Happy Bday Victoria E & Darien R	27 Day Group Fun 10-2 pm CLOSING EARLY FOR THE HOLIDAYS! Happy Bday Adira D	28 Happy Thanksgiving Happy Bday Raquel & Kayden & Kinzley's 12th	29 Office Closed Movie 7-9pm Happy Bday Bess H, Greg G & Michael B	Becky's Pies, Chili & Decorations 12-4 pm Happy Bday Steven S & Michael H

# "JUST" PEOPLE, INC. NOVEMBER 2019 NEWSLETTER

#### HAPPY NOVEMBER BIRTHDAYS

#### TO THE FOLLOWING:

1 '	O HILL FOLLOWING.
Nov. 3 Nov. 4th Nov. 4th Nov. 4th Nov. 4th Nov. 5th Nov. 5th Nov. 8th Nov. 8th Nov. 8th Nov. 8th Nov. 9th Nov. 9th Nov. 9th Nov. 11th Nov. 12th Nov. 12th Nov. 16th Nov. 18th	Tim Thompson Josh Carrion Theresa Evans Felicia Head Paige Palmer Ray Henry Michael Shafer David Bemis Kurt Friehofer Jennifer Luchene Dasha Gretchenovskaya Caitlin Grainger Amy Rogers Carlos Caceras Devin harkless Ms. Pat Smith Cindy Mioducki Ed Shell Lisa Kamison Adrian harris Mindy Friedman
Nov. 21st Nov. 23rd Nov. 24th Nov. 26th Nov. 26th Nov. 27th Nov. 28th Nov. 28th Nov. 29th Nov. 29th Nov. 29th Nov. 30th Nov. 30th	Shanara Copper Jessica Connors Nick Salomone Victoria Eskew Darien Rowan Adira Davis Kayden's 12th Kinzley's 12th Raquel McGill Greg Greeson Bess Havely Michael Bumblauskas Steven Schlachter Michael Hladish

#### **WELCOME NEW MEMBERS!**

Jalane Thomas has joined the Day Program!



Kendall Williams has joined the Day Program!

James Burgess has joined ILP and moved into Flowery Branch.

Brian Mack has joined ILP and also moved into Flowery Branch!

WELCOME NEW STAFF & STAFF CHANGES!

Kecia Millwood joins us as the new Job Coach in Flowery.

Alex Glebaud has joined us in Roswell as a Case Manager.

Cheryl Bonner has moved to Overnight in Flowery in the SILO.

Christina Lazare is now the Staff Trainer and will be conducting Supervisory Visits!



nagopaakan gagapa asanesaacaasanda HAPPY THANKSGIVING FROM ALL OF US TO ALL OF YOU!

We are thankful that we get to be a part of each others lives.

#### HAPPY ANNIVERSARY JUST PEOPLE

November 1995 is when JP opened our doors. SO we now officially celebrate 24 years! WOW!

Time sure flies when you are having as much fun as the Party Animals!

# CONGRATULATIONS ON YOUR ACCOMPLISHMENTS!

Natalie Christianson, staff at JP, celebrates 10 years in a variety of positions but now handles the new intakes and DDP for Hall County.

Lamar Hudson celebrates 12 years at JP! Lamar works in the Day Programbut you can also find him filling in on property, volunteering at Special Olympics and just about anything else we ask him to do!

Stephanie Gann celebrates 1 year at the Day Program! She also volunteers with Special Olympics.

Amy Rogers celebrates 14 years at Kroger as a courtesy clerk.

Kristen Brown celebrates 16 years at TJ Maxx!

Kenneth Neff started working at Kohls Department Store as a cashier.

# HOLIDAY WISH LIST How to help...

Did you know that Just people provides service to about 35 individuals who have no or limited family. This means at holidays, birthdays, and day to day life they can go without things they need- think simple- like sheets, new socks, underwear, jackets and other items that we may take for granted. They also have wants- new video games, books, board games, etc. What does that mean?? We need you!

#### HOW CAN YOU HELP?

- 1. Every dollar makes a difference.
- 2. You can adopt a client and fill all or some of their wish list.
  - 3. You can volunteer at the holiday dinners for Thanksgiving & Christmas Eve & Christmas.
- 4. Come up with an idea and share it with us!5. Make a monetary donation to help with holiday expenses.

You can email Kelli at kelli.ivey@yahoo.com or call the office 770-441-1188

Thank you in advance for your consideration!
It is so nice to see so many people coming together to make a difference for others.



# HAPPY ANNIVERSARY!

Happy 7th Anniversary

to

Kathryn & Robbie! We wish them much love and happiness in years to come. You two lovebirds make it look easy!

# Day Group News



=Bring your own lunch today

This Month November 20	
Bowling	5
Native Am Fest	7
Gold mining	12
Staff pot luck	14
Dave & Busters	19
Cowboys	21
Mercedes Benz	26
Thanksgiving	28

## **Bowling**

Tuesday, Nov 5 Price: \$ 15

Rolling back to main event. Along with an hour of bowling you will also get a 10 dollar game card. Lunch is also included with 2 slices of pizza and soda.

#### Native American **Festival**

Thursday, Nov 7

Price: \$ 15

The largest native American festival in the US with dancing, crafts and demonstrations. Please pack a lunch some gem and or bring money.

#### Gold Mining

Tuesday, Nov 12

Price: \$ 15

We are visiting the consolidated gold mine in Dahlonega. We get to explore the cave and do gold panning.

Bring a lunch!



## Staff Pot Luck

Thursday, Nov 14

Price: \$5

Staff will be competing for the tastiest dish and you get to judge! Bring your appetite for a day of feasting and games.

#### Dave & Busters

Tuesday, Nov 19

Price: \$25

Back to Dave & Busters for delicious food and games! Lunch will be buffet style, so choose what you like. Challenge staff and friends to games and collect tickets to get prizes!

### Thursday, Nov 21

Cowboys

Price: \$ 10

Warm up those wind pipes and get ready for a party! We will be doing karaoke and having wings and fries. Please be courteous to our gracious servers.

## Day Program News: Anne's Reading club: Stuart Little Haircuts every other week Master Eddie's karate class every other Wednesday and Friday

### **Famous November Birthdays**

November 2, 1734-Daniel Boone November 4, 1969-Matthew McConaugh-

November 18, 1928 -Mickey Mouse's

November 19th, 1938 -Ted Turner

November 27, 1942-Jimi Hendrix

November 30, 1965-Ben Stiller

#### Mercedes Benz Tour

Tuesday, Nov 26

Price: \$ 15

We will be touring the new falcons stadium downtown, Please make sure to bring a jacket and pack a lunch!



#### WEDNESDAY, November 27th OFFICE IS CLOSING AT 2PM

Please make transportation arrangements. If you are not picked up you will be transported to the properties for someone to pick you up there. Thank you for your help with this!

#### Thanksgiving

Office closed Thursday, Nov 28th and Friday, Nov 29th Happy Turkey Day!

#### **FUN HOUDAYS**

1&2 All Soul's Day

Saxophone Day

**7** Men Make Dinner Day

13 Caregiver Appreciation Day

World Kindness Day

16 International Tolerance Day

18 Occult Day

20 Absurdity Day

23 National Adoption Day

24 All Our Uncles are Monkeys Day

28 Red Planet Day

29 Buy Nothing Day You're Welcome Day Please draw a picture or write a few sentences and bring to Eli.

#### I am Thankful for:

<b>TT</b> -	ame.		

## Other Classes

Every Wednesday and Friday, we offer the following classes\*:

#### Wednesday—

Cooking, Karate, Anger Management,, Job Skills and Chorus

Friday — Cooking, , Money Mgmt, Art, Relationship Skills,

Fun Fridays:

Talent Show and Game Day,

Cooking class is \$5.

# **NOVEMBER ACTIVITIES**

SATURDAY, NOVEMBER 2ND TALENT SHOW & BURGERS TIME: 4-7 PM COST: \$7.00

We love showing off our talents during the day- but how about at night? If you sing, dance, act, play an instrument or have a hidden talent- tonight is your chance to showcase it! We will be grilling burgers, chicken and hotdogs and eating baked beans, macaroni and cheese and corn for dinner followed by a surprise dessert. Who knows- you may even be featured on the JP Facebook!

SATURDAY, NOVEMBER 9TH BINGO & PASTA BAR TIME: 5-8 PM COST: \$10.00

Its that time again and right in time for the holidays! GIFT CARD Bingo!!

Becky will be out of town for the weekend so its Bingo time again! We will have a special Kenny style pasta bar with salad and breadsticks and cannoli for dessert! This is gonna be an event you don't want to miss!!

TUESDAY, NOVEMBER 12TH MH GROUP TIME: 7-9 PM COST: \$6.00

We will be ordering subs and meeting at the JP Office. This is a great time for those with an MH diagnosis to get together and talk. With the holidays quickly approaching, we can all use the additional support from our peers. SATURDAY, NOVEMBER 16TH LAST PARKING LOT SALE OF 2019– WE HOPE!

TIME: 8AM-3 PM

**COST:** Lunch \$\$ for Concessions

We have so much stuff and its all gotta go-tell your friends, family, coworkers – etc! We are getting rid of everything to make room for next year. Name your price! If you are planning on spending the night to help- please check with Becky directly. You will need to bring \$10.00 for dinner at the Varsity or ChickFilA and breakfast at the office. You are welcome to bring your own items to sell- it's a great way to make some extra money for the holidays!

# SUNDAY, NOVEMBER 17TH CLEAN OUT YOUR PANTRY

The North Georgia Community Food Bank is in need!! Preferred items are:

Canned Fruit Peanut Butter AND Jelly
Canned Meals Canned Meat
Pasta AND Canned Spaghetti Sauce
Cereal and/or Oatmeal
Canned Vegetables (low sodium)

These items can be brought to ILP on Wednesday! Lets fill a few boxes and make a difference for some people! If you are unable to bring them to ILP- you can drop them off in the clubhouse, SILO & the Day Program!

# **NOVEMBER 2019 ACTIVITIES CONTINUED:**

WEDNESDAY, NOVEMBER 20TH
THANKSGIVING ILP
COST: FREE- BRING A DISH

TIME: 6-9 PM

Each group has signed up for a different side dish. This is an important ILP as we draw for Christmas exchange. Please make sure that you complete your thankful posters as a group and are ready to present. We will have turkey, ham, rolls, and all of the fixins. We will also make announcements and celebrate November birthdays. This is a great night- if you are an ILP member- please plan on attending.

SATURDAY, NOVEMBER 23RD AFTERNOON MOVIE TIME: 1-4 PM COST: \$18.00

There are always a bunch of great movies around Thanksgiving— Frozen 2 is this weekend for all the Disney fans! We will each get a popcorn and a drink. If you want any additional food bring your own money.

WEDNESDAY, NOVEMBER 27TH
OFFICE CLOSING EARLY
PLEASE MAKE ARRANGEMENTS
IF YOU PROVIDE YOUR OWN
TRANSPORTATION TO
BE PICKED UP BY 2PM.

THURSDAY, NOVEMBER 28TH
HAPPY THANKSGIVING
ROSWELL: 4PM
FLOWERY BRANCH: 5PM
Lisa T will be making dinner for

Fulton and some of the families in Hall. Turkey, ham, mashed potatoes, sweet potato casserole, lots of veggies and for dessert—pumpkin, pecan and apple pie

- YUM! Families— we could use donations of food and/or cash to help with this. *This dinner is only for those that do not have anywhere to go for the Thanksgiving holiday.* 

This is a nice day with friends, your JP family and other family members. Interested volunteers, please contact Kelli at kelli.ivey@yahoo.com.

## FRIDAY, NOVEMBER 29TH OFFICE / DAY PROGRAM CLOSED

SATURDAY, NOVEMBER 30TH DECORATE FOR OPEN HOUSE, CHILI & EAT BECKY'S PIES

TIME: 12-4 PM COST: \$5.00

We can use your help getting ready for our biggest event of the year! ONLY COME IF YOU ARE PLANNING ON HELPING! We will eat Chili and Cornbread and Becky has made some of her famous and delicious pecan, apple and pumpkin pies for us to fill up on.

# FRIENDSGIVING SIDE DISHES TO MAKE & SHARE

#### PARMESAN MASHED POTATOES

#### INGREDIENTS:

2 lbs red potatoes cut in 1/2 inch chunks

1 cup fat free chicken broth

4 oz Neufchatel cheese, cubed

1/2 cup sour cream

3 tbsp parmesan cheese



#### DIRECTIONS:

- 1. Place potatoes in large saucepan.
- 2. Add broth, bring to a boil on medium heat.
- 3. Cover. Simmer on med low heat 15 min.
- 4. Uncover, simmer 5-6 minutes.
- 5. Add cheese, mash potatoes on low heat until melted and mixture is well blended.
- 6. Add sour cream and parmesan, mash and stir until blended and heated through.

#### BAKED SWEET POTATO MARSHMALLOW

#### **INGREDIENTS:**

2 lbs sweet potatoes (about 4) peeled, cubed 1/2 cup hot milk

4 oz cream cheese, cubed and softened

2 tbsp brown sugar

25 large marshmallows

#### **DIRECTIONS:**

- 1. Heat oven to 350 F.
- 2. Cook potatoes in boiling water in large saucepan for 20 mins, drain.
- 3. Mash potatoes. Add milk, cream and sugar, beat until fluffy.
- 4. Spoon into baking dish sprayed with cooking spray, top with marshmallows.
- 5. Bake 20 min or until heated through.

#### CROCKPOT CRANBERRY MEATBALLS

#### INGREDIENTS:

2 bags frozen fully cooked meatballs

1 can whole berry cranberry sauce

1 CUP BBQ sauce

1/2 cup frozen cranberries

1 small onion, chopped

#### DIRECTIONS:

- 1. Place meatballs in slow cooker sprayed with cooking spray.
- 2. Combine remaining ingredients, pour over meatballs.
- 3. Stir to evenly coat with sauce, cover with lid.
- 4. Cook on high 2-3 hours or on low 4-6 hours.

#### CORN PUDDING CASSEROLE

#### **INGREDIENTS:**

2 eggs 1 cup sour cream 1/4 cup butter, melted

1 pkg corn muffin mix

1 can cream-style corn 1 can corn, drained



#### **DIRECTIONS:**

- 1. Heat oven to 375 F.
- 2. Whisk eggs, sour cream and butter in large bowl until blended.
- 3. Add remaining ingredients, mix well.
- 4. Pour into 2 qt casserole sprayed with cooking spray.
- 5. Bake 45- until center is slightly

# MORE SIDE DISHES TO MAKE AND SHARE

#### **EASY CHEDDAR POTATOES**

#### **INGREDIENTS:**

4 cups diced hash brown potatoes, thawed

1 can crema of chicken soup1 pkg shredded cheddar cheese1/2 cup sour cream

#### **DIRECTIONS:**

- 1. Heat oven to 350 F.
- 2. Combine ingredients.
- 3. Spoon into 2 qt casserole sprayed with cooking spray.
- 4. Bake 50 min or until heated through.

#### FLUFFY CRAN RASPBERRY SALAD

#### **INGREDIENTS:**

2 CUPS FROZEN RASPBERRIES

1 PKG Jello Vanilla flavor instant pudding

1/2 cup cranberry juice

1 can whole berry cranberry sauce

1 tub cool whip, thawed

1 1/2 cups mini marshmallows

#### DIRECTIONS:

- 1. Microwave raspberries in bowl for 1 minute or until thawed.
- 2. Add dry pudding and cranberry juice, stir 2 minutes.
- Add cranberry sauce, stir until blended. Gently stir in cool whip, then marshmallows.
- 4. Refrigerate 1 hour.

#### CREAMED CORN

#### INGREDIENTS:

2 oz cream cheese cubed 2 tbsp milk

1 can cream style corn

10oz pkg frozen hole kernel corn, thawed 1/2 cup sharp cheddar shredded

#### **DIRECTIONS:**

- Cook cream cheese and milk in medium saucepan until completely melted, stirring frequently.
- 2. Stir in cream style and whole kernel corn, cook 4 min.
- 3. Spoon into serving dish, sprinkle with cheddar.

# OAT TOPPED SWEET POTATO CRISP

#### **INGREDIENTS:**

8 oz cream cheese, softened

1 40 oz can sweet potatoes, drained

1/4 tsp ground cinnamon

3/4 cup packed brown sugar

1 granny smith apple, chopped

2/3 cup chopped cranberries

1/2 cup flour

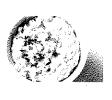
1/2 cup quick cooking oats, uncooked

1/3 cup cold butter, cut into chunks

1/4 cup chopped pecans

#### DIRECTIONS:

- 1. Heat oven to 350F.
- 2. Beat cream cheese, potatoes, cinnamon and 1/4 cup sugar with mixer until well blended.
- 3. Spoon into 1 1/2 qt casserole sprayed with cooking spray, top with fruit.
- 4. Combine flour, oats and remaining sugar in medium bowl.
- 5. Cut in butter with 2 knives until mixture resembles coarse crumbs.
- 6. Stir in nuts, sprinkle over fruit.
- 7. Bake 35-40 mins.



# COMMUNITY INTEGRATION

Brett Anderson went shopping at the dollar store for Halloween candy.

Donald & Leo went to eat at Chili's with Natalia.

Ann & Jeff Holland went to Chili's with family for lunch.

Michael H enjoyed trivia night at Dave & Busters

Elissa, Nevon, Ryan & Tonya & Anna Kate enjoyed having time with their families.

Troy is super excited to hang out at GameStop.

Anne Burton went to eat Chinese with her sister.

Chris got to go to Party City and Quick Weight Loss.

Alden got her nails done.

Amanda & Adam played in the JP Golf Tournament.

Natalie J & Brian O went to Walmart.

Carolyn & Ellen enjoyed Olive Garden for Carolyns bday.

Felicia and Karen S went to Walmart with Ashley.

Melody H went out to lunch.

Julie R went to Mei Garden for lunch.

Ellen went shopping on CAI and to Kroger.

Adira enjoyed time with her mom.

Jenny C traveled to Disney with her brother and sister in law.

Laura B went shopping at Kohls.

Lindsey was excited to host her nephews at trick or treat.

Christy R went out with her parents.

Mark V got a chance to go to the nail salon.

Kerrie & Nate went to LazyDog & Whole Foods.

Louis got a haircut at the barber shop.

Danny enjoyed his trips to Walmart.

Hannah went to get e haircut at Great Clips.

David G went bowling on CAI.

Steven S gave kickboxing a try.

Shivani went on a coffee break.

Wendy B went to Cirque De Soleil.

Marlon got to go to Joanne Fabrics.

Ryan B went on a date with his girlfriend.

Clinton M went to play golf at Chicopee Woods.

Lee Blake went hiking in Helen, GA

Amy Bickley loves to stop at QT!

Lauren enjoyed buying stuff at Target.

Victoria went to Halloween Express for her costume.

Kim W took a trip to Myrtle Beach with her parents.

Bess went to Party City & Walmart with her CM.

Brian M had to run to Staples.

Scott W went to dinner with his large family.

Chalyn enjoys going to Walmart & visiting her mom in Newnan.

Natalia went to eat at Cracker Barrel.

Raquel went out to eat with her case manager at Delizo's.

Reyna had a nice weekend with her mom.

#### Letter from the Director:

#### November 2019

Hi everyone! Happy Thanksgiving Month! How about this weather, it has been strange? One day its cold then hot, raining or storming then hot or cold again. Things are going crazy around here; the Holidays have begun for us. Our Halloween Party was a huge success, we had over 200 people in attendance. This is also the groups very favorite time of year. We also have a lot to celebrate in the month of November:

Nov. 1st is the 24rd Anniversary of "Just" People, Inc.
Nov. 5th, 2000 is the 19th Anniversary of the "JP" Day Program
Nov. 14th, 2004 is the 14th Anniversary of the opening of the Village in Fulton
Nov. 23rd, 2013 is the 6th Anniversary of us owning our own Office/Day Program
We purchased the land in Hall in Nov. 2016
Nov. 2017 was the Groundbreaking of the Hall County Village and
November of 2018—The Village of Flowery Branch Opened

Volunteers needed to help with Thanksgiving Dinner for the group who will be spending it with us in Hall County. Lisa Taljan has always done Thanksgiving Dinner in Fulton and will be doing it again this year, but she will need a few volunteers to help her with prep, set up, serve and clean up. Donations are needed and accepted to help with the cost for both properties. Thank you in advance.

Thanksgiving is mine and Kevin's favorite Holiday. We have so much to be "thankful for" as do all the members of the "Just" People Family. The opportunities that the members of "Just" People have are endless and it is because of the all support our individuals get from the staff, administration, their families and their peers. It is time to thank the people who help you achieve things everyday. This can be done with a text, phone call, make a card or just say "thanks" when you see whoever makes your life easier, happier or just better. I know I am very "thankful" for Kevin, my girls, my son, my daughter in law and both my son in laws and all my grandchildren. Their love, respect and support make everyday a great day for me. I am very "thankful" for all the love, support, joy and friendship I get from the "Just" People Family and the people who work for "Just" People. Without them I am unsure of where would be. So, to you all "THANK YOU".

Our Holiday Open House is coming up, it is usually the first Sunday in December but this year the first Sunday is Dec. 1<sup>st</sup> and it is the Thanksgiving weekend, so we are moving it to the next weekend which is December 8<sup>th</sup>. This is always a great opportunity to meet your individual's friends, the employees of "Just" People and all the families we serve. This event is very important to the group, they love showing-off their families to their friends. RSVP's are due to the office by December 1<sup>st</sup>. It is being held at the office for the convenience of both properties.

Our last garage sale of the year is November 16<sup>th</sup>. Call Kenny to schedule pick-up if you have anything to donate. All the funds from this sale go towards some of our Holiday Functions.

I look forward to seeing EVERYONE at the open house in Norcross, December 8th. Thank you all again for all your support and A Very Happy Thanksgiving to all of you!